

**ADULTS  
& TEENS**

**Shobayashi  
Shorin-Ryu**

**INTRODUCTION TO  
MARTIAL ARTS  
FITNESS**

with Certified International Instructor  
Tammy Marino, 6th Degree Black Belt

at the Chester Town Hall

*Mondays, 6:15pm until 7:15pm*

**Summer: July 8, 15, 29**

**Session 1: September 16, 23, October 21**

**Session 2: October 28, November 18, 25**

**Session 3: January 13, 27, February 10**

**Session 4: February 24, March 9, 16**

**Session 5: March 30, April 13, 20**

**Session 6: April 27, May 11, 18**



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call 526-0013  
extension 223 or email  
parkrec@chesterct.org  
to register

\$27 per 3 class session

