



## **EARLY BIRD RUNNING CLUB** **FOR CHESTER ELEMENTARY SCHOOL STUDENTS IN GRADES K-6**

**WHAT:** Morning physical activity and extra laps/miles for those avid runners before the school day begins

**WHEN:** Thursday mornings starting at 7:30AM beginning **SEPTEMBER 22**

**WHO:** Registered CES Students can check-in anytime between 7:30AM-8:00AM

**WHO ELSE:** Registered younger siblings (Pre-K) can participate if accompanied by a parent during the activity

**WHAT ELSE:** Students will be escorted to the school for morning recess at 8AM

**DUE DATE:** Final Registration DEADLINE September 30th

**FEE:** No registration fee required – free for all participants!

**HOW:** Return the registration form below to the Chester Elementary School Office or the Parks and Recreation mailbox in the Town Hall, or mail to: Town of Chester, Parks and Recreation, 203 Middlesex Avenue, Chester, CT 06412

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Child's Name \_\_\_\_\_ Grade/Age \_\_\_\_\_

***This child has suffered a previous concussion (circle):***      YES                      NO

Name(s) of Parent(s) or Guardian(s) \_\_\_\_\_ Email \_\_\_\_\_

Home Phone Number \_\_\_\_\_ Mobile # \_\_\_\_\_

List any concerns the coach should be aware of:

\_\_\_\_\_  
\_\_\_\_\_

Emergency Names and Phone Numbers:

\_\_\_\_\_  
\_\_\_\_\_

***PLEASE INDICATE AT THE TOP OF THIS FORM if you do not wish your CHILD'S PHOTO to appear in newspapers, on the town web site, in Parks and Recreation flyers, e-mails, or social media or on school or public bulletin boards.***

I give permission for my child, named above, to participate in the Chester Parks and Recreation Running Club, Thursday mornings, weather permitting, September 22, 2022, through December 1, 2022. I understand there are inherent risks to this activity, and I assume those risks.

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date

**\*I would like to be a Parent Volunteer to help with the Early Bird Running Club (please circle) YES / NO**